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Mumps

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Mumps is a contagious disease that is caused by a virus. It typically starts with a few days of fever, headache, muscle aches, tiredness, and loss of appetite. Then most people will have swelling of their salivary glands. This is what causes the puffy cheeks and a tender, swollen jaw.

[Source: CDC](#)

Resources

Centers for Disease Control and Prevention (CDC)

- [Mumps](#)

World Health Organization (WHO)

- [Mumps and Mumps Vaccine](#)

American Academy of Family Physicians

- [Mumps](#)

Fact Sheets & Information

Immunize.org

- [Mumps: Questions and Answers](#)

Patient Information

MedlinePlus

- [Mumps](#)

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